

## **JESSICA KATZMAN**

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### **Summary of Qualifications:**

Licensed clinical psychologist with five years of supervisory and management experience. Over eighteen years of providing psychological services for adults, with an emphasis on serving the dually-diagnosed, those living with severe and chronic mental health issues, and clients of ethnic, racial, cultural, and socioeconomic minority status.

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## **PROFESSIONAL LICENSURE**

Psychologist License PSY 22569, awarded by California Board of Psychology in 2009.

## **EDUCATION**

**CALIFORNIA INSTITUTE OF INTEGRAL STUDIES**, San Francisco, California  
Psy.D., Clinical Psychology  
8/ 1998 – 6/2005

**UNIVERSITY OF WATERLOO**, Waterloo, Ontario, Canada  
B.A., Honors Psychology  
9/1993 – 6/1997

## **CERTIFICATIONS**

**INTEGRATIVE MENTAL HEALTH FOR YOU**, Berkeley, California  
Spiritual Emergence Coach certification  
2/2017-3/2017

## **CURRENT EMPLOYMENT:**

**Sole Proprietor**  
Private Psychotherapy Practice, San Francisco, CA  
July 2014 – present

## **PREVIOUS EMPLOYMENT:**

**Clinical Supervisor**  
Richmond Area Multi-Services, Inc., PAES Counseling & Pre-Vocational Services, San Francisco, CA  
*This service offers assessment and treatment for clients with behavioral health concerns who are enrolled in the Personal Assisted Employment Services (PAES), the county's welfare-to-work program for adults without dependent children.*  
6/2011 – 6/2015

- Provided clinical supervision to a team of behavioral health counselors, RAMS pre-doctoral interns, case managers, vocational rehabilitation counselors, and peer counselors on a weekly basis. Oversaw and monitored quality of care provided by supervisees.
- Collaborated on the agency's clinical leadership team with the Program Director and other Clinical Supervisors in assessing and planning for clinical services and administrative needs.

- Designed, facilitated and participated in weekly case conferences, staff meetings, in-service trainings, and other staff development activities.
- Trained new staff in agency procedures and Human Services Agency paperwork.
- Maintained caseload of clients, provide weekly intake slots, and co-facilitate groups.
- Liaised with other service providers in the community to coordinate client care, and with Human Services Agency staff to monitor client compliance in the PAES program.
- Developed, maintained, supervised, and monitored administrative/treatment documentation and records related to client care, in accordance to both clinical standards and funding source (San Francisco City and County, Medi-Cal, Human Services Agency, etc.). Participated in weekly PURQC review to monitor records compliance.
- Provided outreach, consultation services, and education/training on behavioral health services and issues to community members, other professionals, and partnership agencies.

### **Program Coordinator**

Richmond Area Multi-Services, Inc., RAMS Employment Support, San Francisco, CA

1/2013 – 1/2014

- Provided clinical supervision and managerial oversight to a team of behavioral health counselors, case managers, vocational rehabilitation counselors, and peer counselors on a weekly basis. Supervised and monitored quality of care provided by supervisees.
- Participated in the agency's partnership with Workforce Development Division management to create a multi-disciplinary team for Jobs PLUS, a 6-week comprehensive employment support activity. This included modules focused on job readiness, vocational assessment, job search, and behavior modification to assist PAES participants with job acquisition and retention.
- Collaborated with HSA staff in roundtable sessions to provide input on participant progress and next steps. Liaised with Human Services Agency staff to monitor client compliance in the Jobs PLUS program.
- Facilitated weekly staff meetings, in-service trainings, and other staff development activities.
- Assisted staff delivering group support workshops in developing curriculum appropriate for setting, and provided consultation on tailoring content to meet population needs.
- Led group support workshops alongside staff on an as-needed basis.

### **Behavioral Health Counselor**

Richmond Area Multi-Services, Inc., PAES Counseling & Pre-Vocational Services, San Francisco, CA

6/2007 – 6/2011

- Provided outpatient behavioral health services to adults, including individual weekly counseling/therapy and case management services, as well as crisis intervention and collateral meetings as needed. Carried a caseload of approximately 25 clients, with a range of brief and longer-term treatment episodes. Wrote detailed vocational assessments and recommendations for clients in the welfare-to-work program.
- Conducted weekly intakes and initial risk assessments of clients entering the program.
- Facilitated process/psychoeducational therapy groups: harm reduction and substance abuse issues, anger management and emotional regulation, depression and anxiety psychoeducation and support.
- Supervised RAMS pre-doctoral interns (following licensure in 2009) during their half-year rotations, including documentation training on behalf of the agency. Monitored quality of care in substance abuse groups facilitated and intakes performed by supervisees.

- Prepared and maintained required charting and documentation in a timely and thorough manner according to HIPAA and other quality assurance standards. Documentation included weekly progress notes, quarterly treatment plans, and psychosocial assessments.
- Wrote comprehensive written reports to be included in SSI application for clients who were assessed as unemployable due to psychiatric disability.
- Cross-trained on various other positions (such as triage consultant, Community Jobs Program consultant, etc.), demonstrating willingness to assist in meeting labor needs and an enhanced understanding of agency operation.
- Demonstrated flexibility and maintained staff morale during large programmatic shifts, especially as behavioral health services contract transferred from one providing agency to another.

### **Senior Counselor**

Asian American Recovery Services, PAES Counseling Services, San Francisco, CA

9/2005 – 6/2007

- Provided outpatient behavioral health services to adults, including individual weekly counseling/therapy and case management services, as well as crisis intervention and collateral meetings as needed. Carried a caseload of approximately 25 clients, with a range of brief and longer-term treatment episodes. Made detailed vocational assessments and recommendations for clients in the welfare-to-work program.
- Conducted weekly intakes and initial risk assessments of clients entering the program.
- Facilitated process/psychoeducational therapy groups: harm reduction and substance abuse issues, anger management and emotional regulation, depression and anxiety psychoeducation and support.
- Prepared and maintain required charting and documentation in a timely and thorough manner according to HIPAA and other quality assurance standards. Documentation included weekly progress notes, quarterly treatment plans, and psychosocial assessments.
- Wrote comprehensive written reports to be included in SSI application when clients were assessed as unemployable as a result of psychiatric disability.

### **Program Assistant**

California Institute of Integral Studies, Psychology Doctoral Program Office, San Francisco, CA

11/1998 – 9/2005

- Provided administrative support for the graduate school's Clinical Psychology Doctoral Program.
- Assisted Program Coordinator with creating student program plans, integrating changing needs from quarter to semester, as well as 4-year program to 3-year program.
- Managed student files and extensive documentation of program and training requirements.
- Aided program in successful application for American Psychological Association accreditation.

## **VOLUNTEER EXPERIENCE:**

### **Individual Supervisor**

Haight-Ashbury Psychological Services, San Francisco, CA

9/2015 – 8/2016

- Provide clinical supervision to a HAPS practicum trainee on a weekly basis. Oversee and monitor quality of care provided by supervisee; co-sign all documentation.

### **Individual Supervisor**

Queer LifeSpace, San Francisco, CA

9/2014 – 10/2015

- Provide clinical supervision to a Queer LifeSpace practicum trainee on a weekly basis. Oversee and monitor quality of care provided by supervisee; co-sign all documentation.

## **TRAINING EXPERIENCE:**

### **Psychology Intern**

California Pacific Medical Center (CPMC), Psychiatric Services, Outpatient Clinic, San Francisco, CA

7/2003 – 6/2004

- Provided individual psychotherapy for adult outpatient population at the outpatient clinic in a hospital setting, using both a Time-Limited Dynamic Psychotherapy model and a psychodynamic orientation.
- Performed intake evaluations, referrals, and treatment for CPMC's Employee Assistance Program.
- Worked with a severely emotionally disturbed population, with diagnoses ranging from personality disorders and psychotic disorders to mood and anxiety disorders.
- Attended and participated in Health Psychology seminars, Chief's Rounds, Psychological Assessment seminars, psychoanalytic case conferences, TLDP training, and other didactic seminars.
- Attended three weekly individual supervision sessions with Program Director and psychoanalysts in the community.

### **Psychology Intern**

City College of San Francisco Psychological Services, San Francisco, CA

8/2002 – 5/2003

- Provided individual psychotherapy for adult student population at the student health clinic of a college campus, using a Time-Limited Dynamic Psychotherapy model.
- Performed intake and triage interviews, as well as responded to emergency situations on the campus.
- Worked with clients from a variety of different cultural and ethnic backgrounds, sexual orientations, and ages. Client concerns ranged from substance abuse and recovery issues to relationship issues, mood disorders, and life transitions.
- Designed independent outreach project to provide services to the college community.
- Attended weekly supervision, case conferences utilizing microanalysis, didactic seminars, clinical issues discussions, and staff meetings.

### **Psychology Trainee**

Richmond Area Multi-Services, San Francisco, CA

9/2000 – 8/2001

- Provided individual, child, and family therapy and case management at a community mental health clinic, using a psychodynamic orientation.
- Worked with a severely emotionally disturbed population, with diagnoses ranging from schizophrenia and other psychotic disorders to personality disorders, mood disorders, and substance abuse concerns. Client population consisted of a range of cultural and ethnic backgrounds, sexual orientations, and ages; significant child/adolescent/family portion of caseload.
- Attended IEP school meetings, weekly supervision, staff meetings, didactic seminars, and cultural competency trainings.

## **Psychology Trainee**

Haight-Ashbury Psychological Services, San Francisco, CA

7/1999 – 7/2000

- Provided individual adult psychotherapy at a low-fee outpatient clinic, integrating psychodynamic and cognitive-behavioral orientations.
- Served a client population with concerns ranging from severe posttraumatic presentations to mood disorders, eating disorders, and relationship difficulties.
- Attended weekly supervision, staff meetings, and didactic seminars.

## **WORKSHOPS AND PRESENTATIONS:**

“Psychotherapy in Hard Times: Clinical thoughts on work, identity and stress.” Panel discussant at Access Institute for Psychological Services, April 2012, San Francisco, California.

“A Harm Reduction Approach to Working with Addictions, Part 1 & 2.” Trainings given to Pre-Doctoral Interns and Trainees in RAMS Clinical Training Program, January 2011-2013, San Francisco, California.

## **RESEARCH EXPERIENCE:**

### Doctoral Dissertation

“Knowing the Therapist: Client Awareness of Therapist Subjectivity”, California Institute of Integral Studies, 2005

Compiled literature review, selected participants, interviewed participants, compiled and interpreted qualitative results.

### Bachelor’s Degree Thesis

“The Effects of Belief and Meaning on Memory in a Therapeutic Context,” University of Waterloo, 1997

Compiled literature review, selected participants, ran experiment, compiled and interpreted statistical results.