

## **JESSICA KATZMAN**

4200 18<sup>th</sup> Street, Suite 202

San Francisco, CA 94114

(415) 570-4277

[jessica@jessicakatzman.com](mailto:jessica@jessicakatzman.com)

---

### **Summary of Qualifications:**

Licensed clinical psychologist with twenty years of providing psychological services for adults, with a decade serving the dually-diagnosed, those living with severe and chronic mental health issues, and clients of ethnic, racial, cultural, and socioeconomic minority status. Five years of supervisory and management experience. Current private practice focus on ketamine assisted psychotherapy, harm reduction, psychedelic integration, and supporting LGBTQ communities.

---

### **PROFESSIONAL LICENSURE:**

Psychologist License PSY 22569, awarded by the California Board of Psychology in 2009.

### **EDUCATION:**

**CALIFORNIA INSTITUTE OF INTEGRAL STUDIES**, San Francisco, California

Psy.D., Clinical Psychology

August 1998 – June 2005

**UNIVERSITY OF WATERLOO**, Waterloo, Ontario, Canada

B.A., Honors Psychology

September 1993 – June 1997

### **CERTIFICATIONS/TRAININGS:**

**Karen Rachels, LMFT**, Oakland, California

Practice-Focused Somatic Attachment Therapy Training

January - May 2019

- 6 daylong meetings with 39 contact hours
- Didactic and experiential small cohort training on somatic and attachment-based skills/concepts

**Orenda Institute**, Cortes Island, British Columbia, Canada

Ketamine Assisted Psychotherapy Training

September 2018

- 5-day retreat with 40 contact hours
- Didactic and experiential small cohort training on therapeutic use of ketamine, working with shamanic elements, and integration of attachment theory in working with altered states

**Lisette Lahana, LCSW**, Oakland, California

Transgender Focused Monthly Consultation Group

November 2017 - ongoing

- Monthly 2-hour consultation group and training
- Clinical consultation on work with transgender, genderqueer, intersex or questioning clients; special topic didactics each month

**KRIYA Ketamine Research Institute**, Berkeley, California

Advanced Study in Therapeutic Ketamine

September - December 2017

- 4 monthly daylong meetings with 24 contact hours
- Didactic and experiential small cohort training on therapeutic use of ketamine

**Well Clinic**, San Francisco, California

Refugee Mental Health Consultation and Mentoring Group

April 2017

- 4 hours of training on legal aspects of asylum and mental health evaluation of asylum seekers
- Monthly consultation groups to support report-writing for asylum cases

**Integrative Mental Health For You**, Berkeley, California

Spiritual Emergence Coach certification

February - March 2017

- 5-part webinar and live 2-day workshop
- Didactic and experiential small cohort training on how to effectively support someone in spiritual emergency

## **CURRENT EMPLOYMENT:**

**Clinical Psychologist**

Healing Realms, San Francisco, CA

January 2018 – present

<https://www.healingrealmscenter.com>

- Partnership with a licensed physician (with additional training in psychedelic assisted psychotherapy and research) to collaboratively provide Ketamine Assisted Psychotherapy in a private practice office setting as part of a co-therapy dyad
- IM and oral routes of administration in combination with depth psychotherapy/Internal Family Systems frameworks
- Individual and group preparation, administration, and integration sessions offered

**Sole Proprietor**

Private Psychotherapy Practice, San Francisco, CA

July 2014 – present

<http://www.jessicakatzman.com>

- Individual outpatient psychotherapy for adults
- Specialities: integrating psychedelic experiences, supporting LGBTQQIAAP communities and gender-expansive clients, addressing alcohol and substance use from a harm reduction perspective, body image issues, mood/anxiety disorders, exploring alternative sexual practices/identities, and navigating non-traditional relationships.
- Consultation and planning for gender affirmation processes (including letters of recommendation for hormone therapy and/or surgery), in accordance with the WPATH

## **PREVIOUS EMPLOYMENT:**

**Individual Supervisor**

Haight-Ashbury Psychological Services, San Francisco, CA

September 2015 – August 2016 (part time during private practice)

Provided clinical supervision to a HAPS practicum trainee on a weekly basis. Oversaw and monitored quality of care provided by supervisee; co-signed all documentation.

### **Group Supervisor/Consultant**

Navigation Center, San Francisco, CA

July 2015 – July 2016 (part time during private practice)

Provided group supervision to case management team, and individual consultation to their manager, regarding their work in San Francisco's homeless shelter pilot program.

### **Clinical Supervisor**

Richmond Area Multi-Services, Inc., PAES Counseling & Pre-Vocational Services, San Francisco, CA

*This service offers assessment and treatment for clients with behavioral health concerns who are enrolled in the Personal Assisted Employment Services (PAES), the county's welfare-to-work program for adults without dependent children. This program most often serves the dually-diagnosed, those living with severe and chronic mental health issues, and clients of ethnic, racial, cultural, and socioeconomic minority status.*

June 2011 – June 2015

- Provided clinical supervision to a team of behavioral health counselors, RAMS pre-doctoral interns, case managers, vocational rehabilitation counselors, and peer counselors on a weekly basis. Oversaw and monitored quality of care provided by supervisees.
- Collaborated on the agency's clinical leadership team with the Program Director and other Clinical Supervisors in assessing and planning for clinical services and administrative needs.
- Designed, facilitated and participated in weekly case conferences, staff meetings, in-service trainings, and other staff development activities.
- Maintained caseload of clients, provided weekly intake slots, and co-facilitated groups.
- Liaised with other service providers in the community to coordinate client care, and with Human Services Agency staff to monitor client compliance in the PAES program.
- Provided outreach, consultation services, and education/training on behavioral health services and issues to community members, other professionals, and partnership agencies.

### **Program Coordinator**

Richmond Area Multi-Services, Inc., RAMS Employment Support, San Francisco, CA

January 2013 – January 2014

- Provided clinical supervision and managerial oversight to a team of behavioral health counselors, case managers, vocational rehabilitation counselors, and peer counselors on a weekly basis. Supervised and monitored quality of care provided by supervisees.
- Participated in the agency's partnership with Workforce Development Division management to create a multi-disciplinary team for Jobs PLUS, a 6-week comprehensive employment support activity. This included modules focused on job readiness, vocational assessment, job search, and behavior modification to assist PAES participants with job acquisition and retention.
- Facilitated weekly staff meetings, in-service trainings, and other staff development activities.
- Assisted staff delivering group support workshops in developing curriculum appropriate for setting, and provided consultation on tailoring content to meet population needs.
- Led group support workshops alongside staff on an as-needed basis.

### **Behavioral Health Counselor**

Richmond Area Multi-Services, Inc., PAES Counseling & Pre-Vocational Services, San Francisco, CA

June 2007 – June 2011

- Provided outpatient behavioral health services to adults, including individual weekly counseling/therapy and case management services, as well as crisis intervention and collateral meetings as needed. Carried a caseload of approximately 25 clients, with a range of brief and longer-term treatment episodes. Wrote detailed vocational assessments and recommendations for clients in the welfare-to-work program.
- Conducted weekly intakes and initial risk assessments of clients entering the program.
- Facilitated process/psychoeducational therapy groups: harm reduction and substance abuse issues, anger management and emotional regulation, depression and anxiety psychoeducation and support.
- Supervised RAMS predoctoral interns (following licensure in 2009) during their half-year rotation, including documentation training on behalf of the agency. Monitored quality of care in substance abuse groups facilitated and intakes performed by supervisees.
- Wrote comprehensive written reports to be included in SSI application for clients who were assessed as unemployable due to psychiatric disability.

### **Senior Counselor**

Asian American Recovery Services, PAES Counseling Services, San Francisco, CA

September 2005 – June 2007

- Provided outpatient behavioral health services to adults, including individual weekly counseling/therapy and case management services, as well as crisis intervention and collateral meetings as needed. Carried a caseload of approximately 25 clients, with a range of brief and longer-term treatment episodes. Made detailed vocational assessments and recommendations for clients in the welfare-to-work program.
- Conducted weekly intakes and initial risk assessments of clients entering the program.
- Facilitated process/psychoeducational therapy groups: harm reduction and substance abuse issues, anger management and emotional regulation, depression and anxiety psychoeducation and support.
- Prepared and maintained required charting and documentation in a timely and thorough manner according to HIPAA and other quality assurance standards. Documentation included weekly progress notes, quarterly treatment plans, and psychosocial assessments.
- Wrote comprehensive written reports to be included in SSI application when clients were assessed as unemployable as a result of psychiatric disability.

### **Program Assistant**

California Institute of Integral Studies, Psychology Doctoral Program Office, San Francisco, CA

November 1998 – September 2005

- Provided administrative support for the graduate school's Clinical Psychology Doctoral Program.
- Assisted Program Coordinator with creating student program plans, integrating changing needs from quarter to semester, as well as 4-year program to 3-year program.
- Managed student files and extensive documentation of program and training requirements.
- Aided program in successful application for American Psychological Association accreditation.

## **VOLUNTEER EXPERIENCE:**

### **Consultant/Evaluator**

Well Clinic's Refugee Mental Health Consultation Group, San Francisco, CA

April 2017 – present

- Assess refugees for traumatic history and resulting mental health conditions, write evaluations for asylum applications, liaise and consult with attorneys, and testify as an expert witness in immigration court.

### **Individual Supervisor**

Queer LifeSpace, San Francisco, CA

September 2014 – October 2015

- Provided clinical supervision to a Queer LifeSpace practicum trainee on a weekly basis regarding their LGBTQIAAP caseload. Oversaw and monitored quality of care provided by supervisee; co-signed all documentation.

## **PSYCHOLOGICAL TRAINING EXPERIENCE:**

### **Psychology Intern**

California Pacific Medical Center (CPMC), Psychiatric Services, Outpatient Clinic, San Francisco, CA

July 2003 – June 2004

- Provided individual psychotherapy for adult outpatient population at the outpatient clinic in a hospital setting, using both a Time-Limited Dynamic Psychotherapy model and a psychodynamic orientation.
- Performed intake evaluations, referrals, and treatment for CPMC's Employee Assistance Program.
- Worked with a severely emotionally disturbed population, with diagnoses ranging from personality disorders and psychotic disorders to mood and anxiety disorders.
- Attended and participated in Health Psychology seminars, Chief's Rounds, Psychological Assessment seminars, psychoanalytic case conferences, TLDP training, and other didactic seminars.
- Attended three weekly individual supervision sessions with Program Director and senior psychoanalysts in the community.

### **Psychology Intern**

City College of San Francisco Psychological Services, San Francisco, CA

August 2002 – May 2003

- Provided individual psychotherapy for adult student population at the student health clinic of a college campus, using a Time-Limited Dynamic Psychotherapy model.
- Performed intake and triage interviews, as well as responded to emergency situations on campus.
- Worked with clients from a variety of different cultural and ethnic backgrounds, sexual orientations, and ages. Client concerns ranged from substance misuse to relationship issues, mood disorders, and life transitions.
- Designed independent outreach project to provide services to the college community.
- Attended weekly supervision, case conferences utilizing microanalysis, didactic seminars, clinical issues discussions, and staff meetings.

### **Psychology Trainee**

Richmond Area Multi-Services, San Francisco, CA

September 2000 – August 2001

- Provided individual, child, and family therapy and case management at a community mental health clinic, using a psychodynamic orientation.

- Worked with a severely emotionally disturbed population, with diagnoses ranging from schizophrenia and other psychotic disorders to personality disorders, mood disorders, and substance abuse concerns. Client population consisted of a range of cultural and ethnic backgrounds, sexual orientations, and ages; significant child/adolescent/family portion of caseload.
- Attended IEP school meetings, weekly supervision, staff meetings, didactic seminars, and cultural competency trainings.

### **Psychology Trainee**

Haight-Ashbury Psychological Services, San Francisco, CA

July 1999 – July 2000

- Provided individual adult psychotherapy at a low-fee outpatient clinic, integrating psychodynamic and cognitive-behavioral orientations.
- Served a client population with concerns ranging from severe posttraumatic presentations to mood disorders, eating disorders, and relationship difficulties.
- Attended weekly supervision, staff meetings, and didactic seminars.

### **WORKSHOPS AND PRESENTATIONS:**

“Legal and Logistical Issues in Adding Ketamine Services to Clinical Practice: Paperwork for a Ketamine Assisted Psychotherapy Practice .” Panel discussant at KRIYA Conference, November 2018, Hillsborough, California.

“Psychotherapy in Hard Times: Clinical thoughts on work, identity and stress.” Panel discussant at Access Institute for Psychological Services, April 2012, San Francisco, California.

“A Harm Reduction Approach to Working with Substance Misuse, Part 1 & 2.” Trainings given to Pre-Doctoral Interns and Trainees in RAMS Clinical Training Program, January 2011-2013, San Francisco, California; given to Practicum Students at CIIS’ Center for Somatic Psychotherapy, November 2017 and May 2019, San Francisco, California.

### **RESEARCH EXPERIENCE:**

#### Doctoral Dissertation

“Knowing the Therapist: Client Awareness of Therapist Subjectivity”, California Institute of Integral Studies, 2005

Compiled literature review, selected participants, interviewed participants, compiled and interpreted qualitative results.

#### Bachelor’s Degree Thesis

“The Effects of Belief and Meaning on Memory in a Therapeutic Context,” University of Waterloo, 1997

Compiled literature review, selected participants, ran experiment, compiled and interpreted statistical results.